

Spinal Cord Injury Ontario champions excellence in service, advocacy and quality of life for people with spinal cord injuries. Spinal Cord Injury Ontario helps all people living with spinal cord injuries in Ontario. For more about Spinal Cord Injury Ontario and its services, visit www.sciontario.org.

Membership

Membership is free to people with disabilities and their family members for the first year. Becoming a Spinal Cord Injury Ontario member fosters connections with others. It also gives you access to up-to-date, relevant news about living with a spinal cord injury.

Contact Spinal Cord Injury Ontario by emailing: info@sciontario.org

Programs and Services

Spinal Cord Injury Ontario is an ongoing, life-long resource for people with spinal cord injuries, their friends, families, and service providers. They assist people in rebuilding their lives after their injury. Spinal Cord Injury Ontario has been developing their expertise since 1945. They are the only provincial, community service organization that is of and for people with spinal cord injuries. They offer the following programs and services:

Peer Support: If you have a spinal cord injury, Spinal Cord Injury Ontario can connect you with a trained volunteer who can share his/her experience and knowledge. Peer support volunteers can also connect with family members.

Regional Services: Spinal Cord Injury Ontario encourages and supports you to live as independently as possible. They provide practical help, service navigation, information, resources and education in your own community. They can meet you wherever is convenient. If you can't go to them, they will come to you.

Attendant Services: SCI Ontario can provide attendants for people living in the Greater Toronto Area. Attendants can assist you at home, work and post-secondary school. To

Contact your Peer Support Volunteer for more information.

CONTACTS

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qualify for this service you need to be living independently and be able to direct your own personal care.

Employment Services: If you are looking for work in the Greater Toronto Area, Spinal Cord Injury Ontario can help you identify work-related goals and find satisfying employment. They also help employers find qualified candidates and evaluate their workplaces for accessibility and job accommodation requirements.

Knowledge Enterprise: Spinal Cord Injury Ontario offers in-person and online education. They also train people in the community about spinal cord injury and its secondary complications.

Advocacy: Self-advocacy is speaking for yourself and controlling your own affairs. Spinal Cord Injury Ontario helps you find the resources and support you need to develop self-advocacy skills.

Public Policy: Spinal Cord Injury Ontario works with the government to create a more inclusive Ontario. They provide disability-specific policy analysis and meet with elected officials to advocate for policy changes which affect people with disabilities.

Ontario SCI Solutions Alliance: SCI Solutions Alliances is a collaborative network of people and organizations in the spinal cord injury community. The network addresses systemic issues and develops customized solutions. They use proven best practices to improve quality of life for people with spinal cord injuries.

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